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In 2018, a research conducted by the University of the West of Scotland (UWS) identified the most common mental health issues among students. The research found that the most common mental health issues were anxiety, depression, and stress. These issues were reported by 26% of students, 11% of students, and 11% of students respectively.

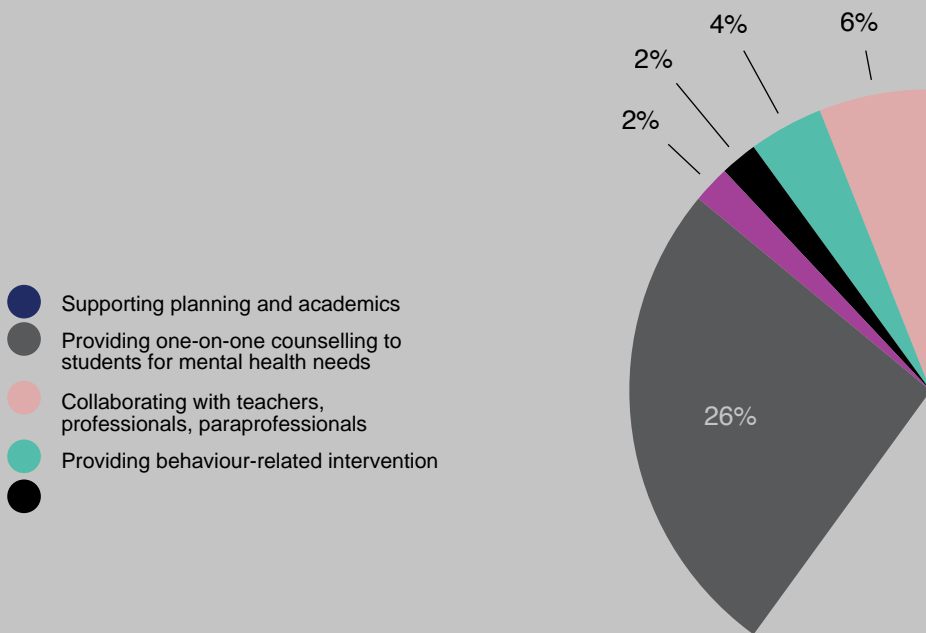
The research also found that the most common mental health issues were anxiety, depression, and stress. These issues were reported by 26% of students, 11% of students, and 11% of students respectively.

Providing one-on-one counselling to students for mental health needs was the most common intervention, reported by 26% of students. This was followed by collaborating with teachers, professionals, and paraprofessionals, reported by 11% of students.

Providing behaviour-related intervention was reported by 11% of students. Supporting planning and academics was reported by 4% of students, and providing one-on-one counselling to students for mental health needs was reported by 2% of students.

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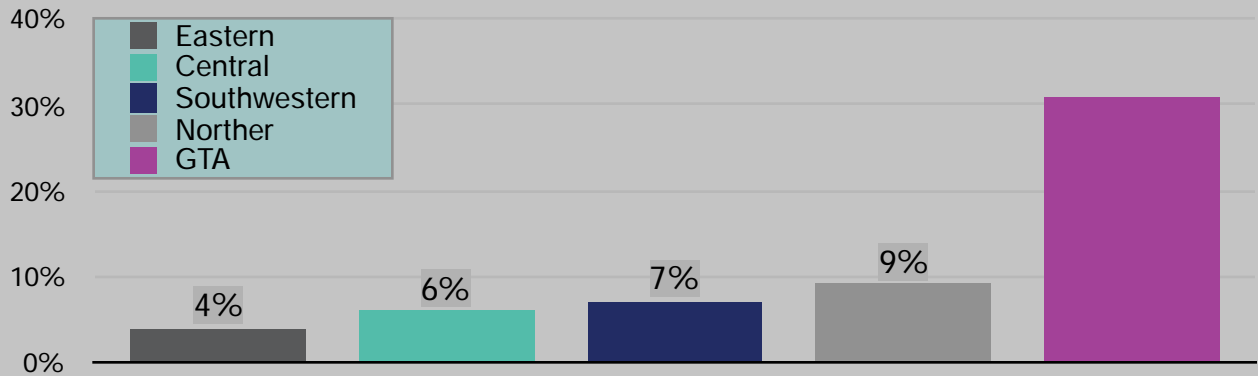
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