

Social-emotional learning

The domain

Social-emotional learning supports students in understanding and managing their emotions, developing positive relationships with others, and engaging with their community. Students can learn social-emotional competencies just as they learn formal academic skills—through regular interactions with peers, teachers, and school staff inside and outside of the classroom.

Why it matters

Strong social-emotional skills are critical for students' educational attainment, long-term well-being and prosperity, and their ability to contribute to society.

Self-awareness

- Students identify and describe their own emotions.
- Students understand why they feel the way they do.
- Students are honest with themselves and others.
- Students recognize what others are feeling and why.
- Students develop an accurate sense of their capacity to succeed in a variety of situations (i.e. persistence, moti-